



## Episode 61: Caregivers and Retirement Readiness with Greenwald Research

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This month on *Revamping Retirement*, Dawn McPherson and Matt Patrick talk with Lisa Greenwald, CEO of [Greenwald Research](#). The three discuss the impact of caregiving responsibilities on retirement readiness. Lisa highlights that caregivers face unique challenges that often aren't addressed by employers and benefits providers, such as reduced work hours, job changes for flexibility, and financial strain. The episode also covers the landscape of retirement benefits more broadly, including trends to expand offerings for employee well-being, such as mental health and financial wellness programs.

Later, Mike Webb talks about plan fees in this month's *Minute with Mike*.

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Last Month's Episode: [Episode 60: Plan Sponsor Predictions for 2024](#)