



## Episode 10: Markets, with CAPTRUST's Andy Marino

In episode 10 of *Mission + Markets*, [Heather Shanahan](#) and Andy Marino cover the financial landscape of the past year and how it might affect nonprofits, endowments, and foundations.

The conversation examines the Federal Reserve's efforts to reduce inflation. Marino also addresses the historical association of the inverted yield curve with recessions and the recent normalization of longer-term interest rates. He recommends that nonprofits set realistic expectations and maintain a long-term perspective.

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### Resources:

Last Episode: [Episode 9: DEI in Planned Giving with GivingDocs](#)

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[Market Update | October 2023 | Investment Management](#)